

10 OF MY FAVOURITE RESTAURANTS IN MONTREAL



by
Deeva and Food

HONOURABLE MENTIONS

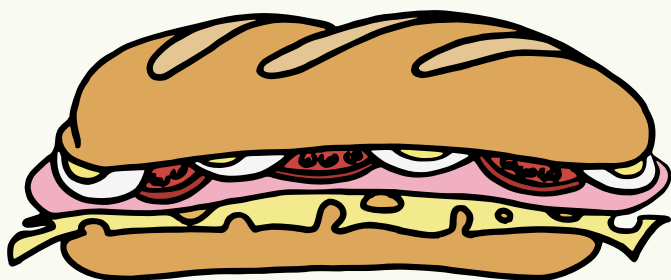


Cuisine: South Asian

Address: Various

I wanted to include a South Asian restaurant on this list but none of them quite made the cut. I have been to a bunch in Montreal but I just find that the restaurants don't exceed my (very high) standards and that honestly Calgary has better South Asian food in general. For the best experience though I would recommend:
Restaurant Singh's for Indian food
Sana for Pakistani food
Appayon for Bengali food

OI BOSSA



Cuisine: Italian

Address: 4354 Wellington St

Bossa is a lovely Italian sandwich shop right in my community in Verdun on the famous Wellington Street (although they also have other locations now too). This spot serves up my favourite sandwiches in the city, except for maybe the next spot I'll mention, and they also offer other Italian dishes like pasta along with coffee. I would recommend getting any of their chicken sandwiches because they are all really good and you can pretty much customize your sandwiches (at an additional cost) as much as you want which is amazing!

02 ANTEP KABAB

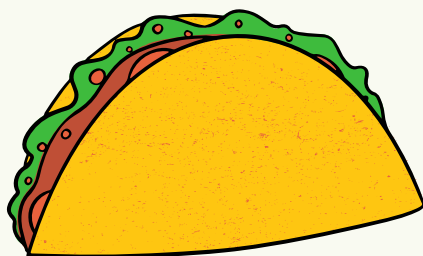


Cuisine: Turkish

Address: 1626 Maisonneuve Blvd W

Antep Kabab is EASILY the restaurant I have been to the most times in Montreal. I would come here for lunch because it is right beside Concordia University and I was never disappointed. The spicy chicken sandwich is my go to order but you really can't go wrong with any of the sandwiches. The plates are pretty good too but I personally highly recommend trying the sandwiches first (make sure to ask for spicy)! This place is perfect for a quick, delicious, lunch in downtown Montreal, just make sure to bring cash because they are cash only (but they also have an ATM inside in case you forget).

03 MEIXCO RESTAURANT



Cuisine: Mexican

Address: 2474 Rue Jean-Talon E

Mexico Restaurant is my favourite Mexican restaurant of all time. The meat is seasoned to perfection, the texture is ultra-tender and the portions are huge while the prices are very low. I have found that you are hard bent to find a taco place with all three of those things. Not to mention this place has a very authentic feel and is usually packed with Spanish speaking people. They also used to be mostly takeout with a very small dining space but recently expanded into a large restaurant for dine-in! If you want incredible tacos at unbeatable prices then Mexico Restaurant is a must try spot.

04 PILE OU GLACE GELATERIA

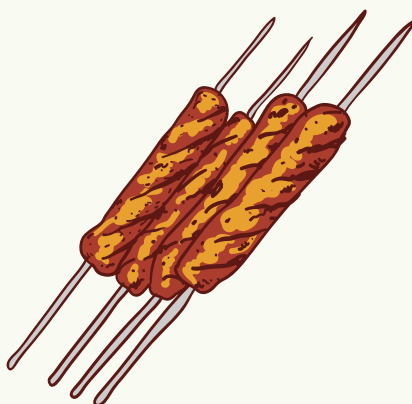


Cuisine: Italian

Address: 7084 St Laurent Blvd

I wanted to include a dessert place on here so I easily chose Pile Ou Glace Gelateria. When I visited Europe last summer I was blown away by the ice cream there and pretty much ate it everyday. In Canada I feel the selection of amazing ice cream spots isn't nearly as good but this place really offers that taste of good European ice cream. I highly recommend their nut flavours like hazelnut and pistachio, but all of the ice cream here are really great!

05 BEHESHT

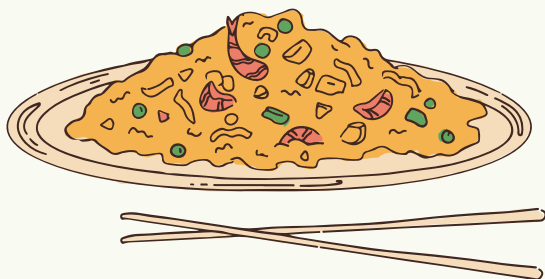


Cuisine: Iranian/Persian

Address: 6710 Rue Saint-Jacques #105

I have always really enjoyed Middle Eastern food but I have struggled to find dine-in spots that I absolutely love. That all changed when I visited Behesht. The food at this place will blow you away with its incredible flavours. I would highly recommend trying the Fesenjoon, Ghormeh Sabzi , and the skewers. I think that the ability to make such incredible skewers AND stews is super underrated, plus the price point is actually lower than a lot of the Middle Eastern restaurants I have been to making this an absolute must visit spot.

06 CUISINE AUNTDAI



Cuisine: Chinese

Address: 1448 St Mathieu St

When you think of Chinese cuisine you may think of Chinese takeout and dishes like General Tao and Ginger Beef. While these foods are delicious they are American/Canadian Chinese dishes. If you want to try some more authentic Chinese food you need to checkout Cuisine AuntDai. This place serves up Chinese classics that I highly recommended like cumin beef and mapo tofu. If you like spicy food I also recommend the Sichuan Spicy Pot (which they can make without pork). If you have never tried authentic Chinese food checkout Aunt Dai!

07 CHEZ CHILI

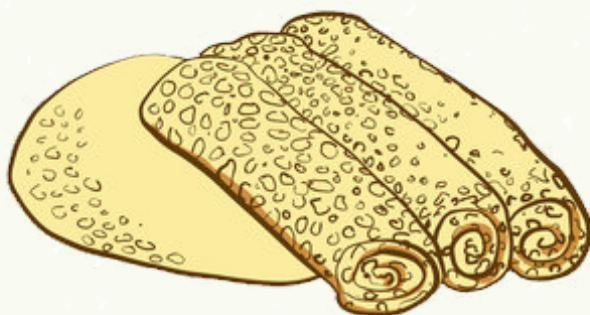


Cuisine: Chinese

Address: 1050b Rue Clark

I was hoping not to do any cuisine duplicates on this list but I thought it would be unfair to mention Aunt Dai without mentioning Chez Chili because I think they're equally as good. Chez chili is my favourite restaurant in Montreal's Chinatown and also offers authentic Chinese food! The first time I went I had their Boiled Beef in Hot Chili Sauce and finally got a taste of Sichuan peppercorns, it was an unforgettable experience! I also highly recommend the Cumin and Hunan Beef as well... the beef dishes here are just too good!

08 NAKFA



Cuisine: Eritrean / Ethiopian

Address: 5900 Upper Lachine Rd

If you haven't had Ethiopian or Eritrean food before I think it's the #1 cuisine you should be looking to try. In Montreal, I think there's no better place than Nakfa. This cute Eritrean spot seriously has some unbelievably good vegetarian dishes and the meat dishes are also amazing. When you go I definitely recommend getting a platter but try to get one with Ades and Zigni because these dishes in particular are sure to impress. The platters are also really reasonably priced and perfect for sharing! Don't wait, go try Eritrean food today!

09 HANSANG



Cuisine: Korean

Address: 5136 Park Ave

Korean BBQ is great but having traditional Korean stews, rice dishes, and street food is a different experience entirely. If you have never experienced this side of Korean food (which you should because in my opinion it is better than Korean BBQ) then you should definitely checkout Hansang if you are in Montreal. For your appetizer you HAVE to get their Tteok-Bokki because I find most places do it pretty poorly but Hansang does it really well. For the mains you can get Bulgogi if you want to play it safe but I highly recommend their Dak Galbi and Kimchi Jigae!

10 MA POULE MOUILLEE



Cuisine: Quebec + Portuguese-Canadian

Address: 969 Rachel St E

Admittedly, I haven't been to all of the most famous poutine spots in Montreal but I have been to some classics like Montreal Pool Room, Patati Patata, and La Banquise, but for me Ma Poule Mouillée reigns supreme. If you want stereotypical poutine look elsewhere, but if you want a super tasty fusion take on poutine then this is the perfect spot, perhaps a perfect second poutine spot to visit. This place serves up poutine with their delicious Portuguese-Canadian style chicken that you can literally smell from down the block. This place simply does a unique and modern take on a Quebec classic incredibly well.